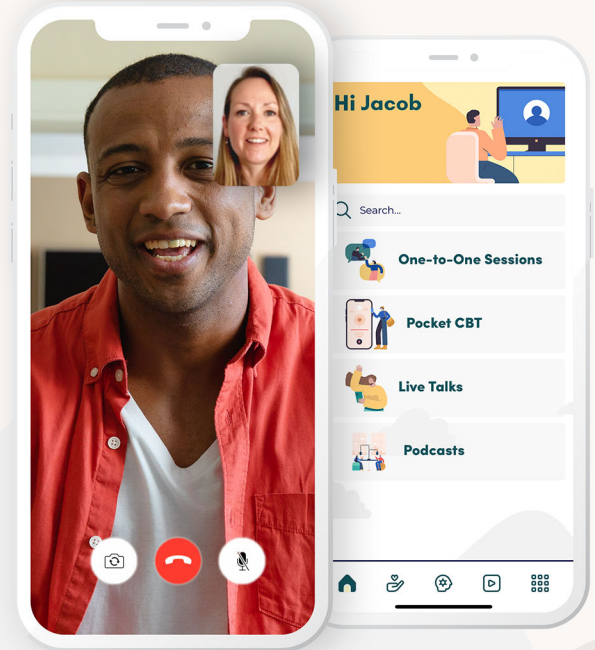


Welcome to Wellness Cloud

Better Wellbeing. Better Mental Health. Better Business.

The most comprehensive wellbeing provider on the market. Merging one-to-one expert support with a library of engaging resources and the power of a cutting-edge mental health app.



Making the difference to world-leading organisations

99%

of users have
an excellent or
very positive
experience
with us

100%

client retention
rate to date, with
most of our
clients increasing
their spend after
a year

83%

more likely to
recommend their
company after
using our
platform

45%

of therapy
sessions are
booked by men -
9% higher than
national average

90%

very likely to
recommend our
services

ManyPets



res

AEGIS



DHL

The Guardian

seccl

Which?

GRAHAM

Deloitte

McCANN



RICHEMONT

BBC
STUDIOS

Ofcom

octopus

MVF



epam

croud

FS GROUP

CAMPARI

PeoplePlus



Support for all of life's challenges

We know every employee is unique, so we offer a broad range of support, resources and live events, developed with our team of experts, to help your employees with all of life's challenges.

Get to know our experts

Mental
Health

Women's
and Men's
Health

Neurodiversity

Diversity
and
Inclusion

Sleep

Financial
Wellbeing

Career
Development

Elder Care

Menopause

Nutrition

Relationships

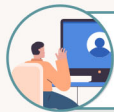
Parenting

Bereavement

Retirement

Fertility

Wellness Cloud membership gives your **employees unlimited access to:**



Videos, webinars
and Q&As



Guided meditation



Live talks and events



Sleep stories



HR and manager
resources



Pocket CBT



Expert guides



Parenting classes
and drop-ins



CloudLounge podcasts



Mental health
awareness workshops

Add-ons

One-to-one
sessions

Pre & post
parental
leave group
coaching

Dedicated
tailored
talks

Group
coaching

Accredited
mental
health first
aid training



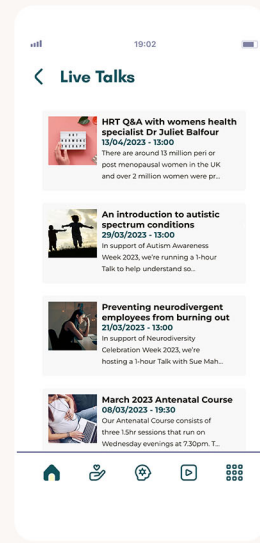
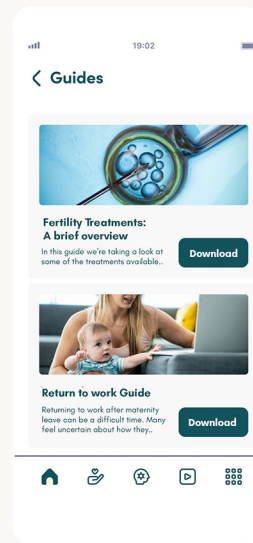
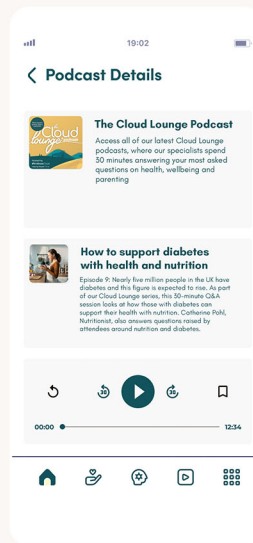
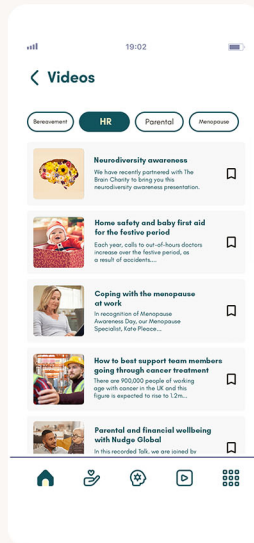
“

I feel super lucky to have access to the services you provide on Wellness Cloud
John - Employee and Hub User

”

Wellbeing resources

We offer a variety of visual, audio and written content, making our support accessible to all, whenever they need it.



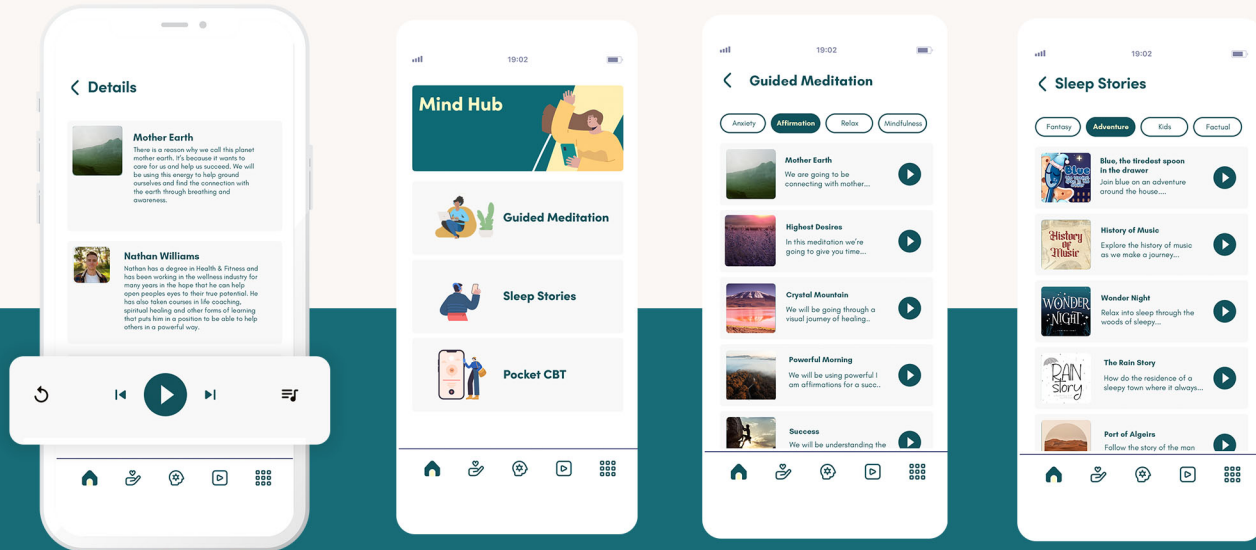
“

Hands down the most useful benefit I've recieved through my employment
Maya - Employee and Hub User

”

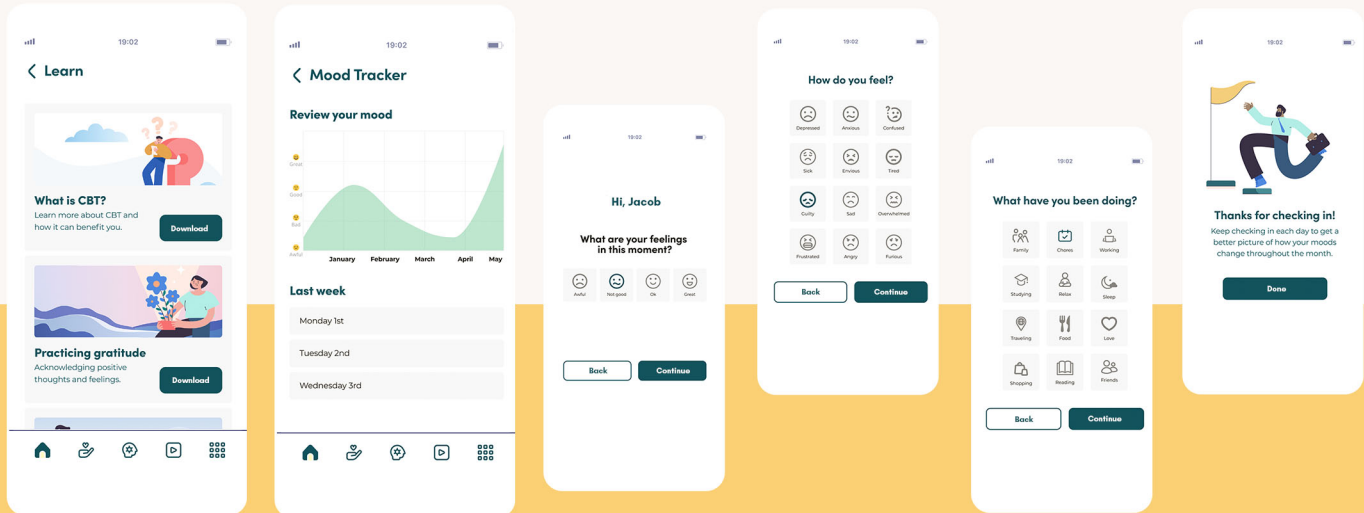
MindHub

Users get exclusive access MindHub, with features including Pocket CBT, guided meditation and sleep stories.



Pocket CBT

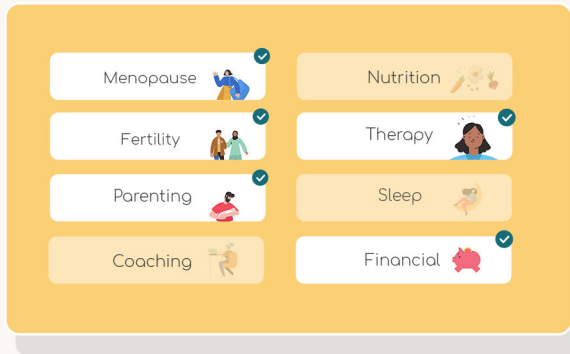
With Pocket CBT, users can track their moods, challenge negative thoughts and use CBT techniques to proactively improve their mental health and wellbeing.



Supporting your employees with expert one-to-one consultations

We offer remote one-to-one consultations with our team of hand-pick and experienced specialists. Your employees can choose their specialist, access unlimited free 10-minute taster consultations and get a 10% discount on sessions.

In addition, we can create tailored packages of sessions for you to offer your employees. Pick the support areas that you want to offer, the amount of sessions, and we'll build a package that meets your business needs and budget.



Language
Capabilities

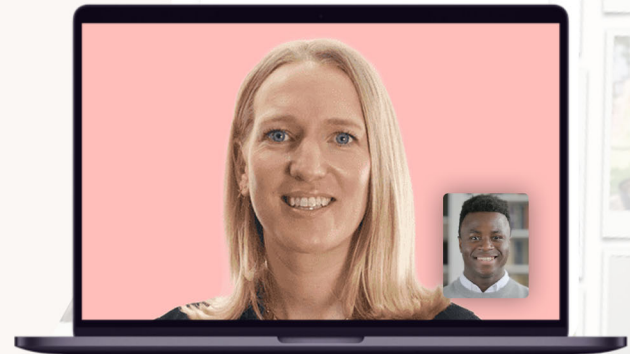


Please select a time

March 2022

S	M	T	W	T	F	S
27	28	1	2	3	4	5
6	7	8	9	10	11	12
14	15	16	17	18	19	
21	22	23	24	25	26	
28	29	30	31	1	2	
4	5	6	7	8	9	

8:00	9:00	10:00
11:00	12:00	13:00



Why is it important to support the wellbeing of your employees?

The business case

1 in 7 People experience mental health problems in the workplace

1 in 4 Women with serious menopause symptoms have left their jobs

£1,300 The amount it costs a business each year per employee whose mental health needs are insufficiently supported

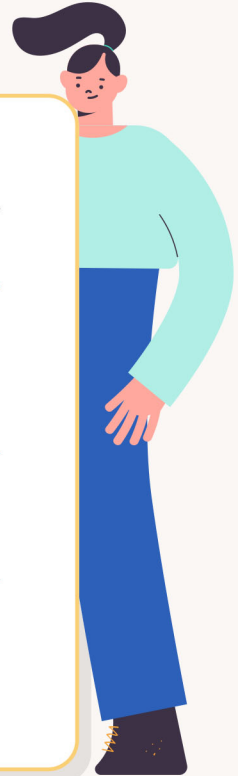
65% The percentage of employees that are looking for increased parental support

17% of individuals will experience fertility issues, 90% of these will experience depression

80% of pregnant women begin their maternity leave unhappy and lacking in confidence about work

70% of employees feel they are stressed at work

55% of workers would seek a new job if their mental wellbeing wasn't being supported by their employer



“

I would highly recommend Wellness Cloud to any business
Kirsty Hawton - HR Director, Octopus Investments.

”

Get in touch today!



Book a Demo

info@the-wellness-cloud.com

the-wellness-cloud.com

